

# **FORWARD MOMENTUM: POSITIVE BEHAVIORAL APPROACHES**

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# FX POSITIVE PERSPECTIVES

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- Requires new way of thinking
- Positive results are motivating
- Allows the child to be successful
- These principals can be used for almost any scenario or task
- Focuses on providing a positive approach BEFORE a negative outcome

# POSITIVE BEHAVIORAL APPROACH

## Principals

- Know your child's capacity and meet them where they are
- Build a team you can trust and rely on
- Set realistic expectations for yourself and your child
- Strive to be positive
- Use strategies consistently so they come to be trusted and relied upon by you and your child
- Make sure parent, child and environment are calm and organized before proceeding
- **PRO**-active vs **RE**-active should be your mantra!