



13TH INTERNATIONAL FRAGILE X CONFERENCE

JULY 25-29, 2012
MIAMI, FLORIDA

Seclusion and Restraint in Schools

Jeffrey Cohen JD, Director of Government Affairs, NFXF

*Some practical tips to increase the
likelihood this doesn't happen to your
child*



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- Some behaviors seen in individuals with Fragile X that may result in Seclusion and Restraint in Schools
- Vocalizations
- Rocking
- Wandering
- Striking out
- Spitting
- Anxiety



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- You know your child best.
- You know what behaviors are likely to occur in school
- You know what interventions can work
- ***Don't assume the school will get it right.***
- ***Discuss this during the IEP***
- ***Include this in the IEP***
- ***If team won't include in IEP, YOU create a separate document***



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- These are some of the things you might see when Jacob gets overwhelmed.....
 - 1
 - 2
 - 3
 - 4
- Here are some things you might see just before a meltdown..
 - 1
 - 2
 - Here's some things to try as soon as you see this
 - 1
 - 2



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- Make your expectations clearly known
- *Set up a communication system*
- *Make clear what kind of information you want coming home every day*
- *Make clear that you will not tolerate seclusion and restraint*



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- Establish a good relationship with the teacher and any assistant or paraprofessional in the classroom
- ***Make sure they see you as a member of the team who's willing to help not a demanding table-pounder***



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- Establish yourself as an expert.....
- ...On Fragile X
- ...On Seclusion and Restraint
- ...On your rights and the I.D.E.A.
- ***Attend Wrightslaw***
- ***Use Recommendations on S & R***
- ***Provide team with a copy***
- ***Include reference in IEP***
- ***Or confirm agreement in writing***



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- Take
Advantage of
All Resources

- **NFXF**
- **Conference Presenters**
- **National Experts**
- **Wrightslaw**
www.wrightslaw.com
- **Protection and
Advocacy**
<http://www.acf.hhs.gov/programs/add/states/pas.html>



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- Don't forget to
enjoy your
child

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